BOW VALLEY RESOURCE

Including Arrowwood, Milo, Queentown, Shouldice and Mossleigh

ARROWWOOD, ALTA., JULY 21, 1932

Subscription \$2.00, U.S.A. \$2,50

Marquis Athletic Club Sport Meet A Big Success

Volume 1, No. 49

About three o'clock the sports began, running, broad-jump-ing, high jumping and hop,

in electrically lighted buildings is to hang a yunt sealer with a little coaloil in it under the bulb. A paper funnel is placed in the sealer in such a manner that the bulb will hang halfway into the top of it. He way into the moths find the under one with the grasshopper most of the moths find the way into coaloil before morning.



Round About Town

E. D. Archambault left this norning for Calgary and -will eturn in a couple of days.

Mr. and Mrs. Quinter Hollen-burg, Mr. and Mrs. Raymond Brubaker, and Miss Flurence Norton composed a party leav-ing Wednesday morning for Irricana.

ers' wheat field.
While not in such great numbers as in district farther south
the grasshoppers in this district
if unchecked, will do serious

u unchecked, will do serious damage to crops. It just goes to show what an uncertain occupation agricul-ture is in western-Canada, and now many difficulties must sometimes before a crop can be raised and harvested.—Bassano Mail

He stood on the bridge at midnight, He tickled her face with his

toes,
For he was just a mosquito .
And he stood on the bridge of her nose.

Imperial Economic Peace Conference Now in Session

Canadians from Sydney to Victoria were able to join with signed as president of the Canthose in the galleries of the adian National Railways. S. J. House of Commons and on the Hungerford, vice-president, lawins in front of the parlisment buildings at Ottawa in Instending to the opening session ment was made at the head-to-deference this morning. The broadcast commenced at 7.45 tion of L. V. Hummel, principal assistant to the president of the figure of the system, General, delivered a message from His Majesty the King and submitted and accepted at the was followed by several heads of delegations.

This is the first Imperial Conference ever held outside the conference over held outside the British capital, The British isless and all of the Dominion within the Empire are represented to the conference of the conference of the conference over held outside the conference over held out

About three o'clock the sports began, running, broad-jumping, high jumping and brubaker, and Miss Florence in the horizon in the see events were quite evenly divided.

At o'clock the baseball game between Arrowwood and John-yarrowwood and John-yarrowwood, which was another victory for Arrowwood, the Good and John-yarrowwood, which was another victory for Arrowwood, which was anoth

Sir Henry Thornton

Happenings In and Around Arrowwood

Mr. and Mrs. J. Mackie sp Sunday visiting friends in Carseland district.

Miss Sylvia Alstott, who has been visiting at the home of Miss Grace Irwin, returned to Gleichen on Sunday.

Miss Ruth Beagle returned to Gleichen on Monday after spending the week-end at the home of her parents.

Omer Larsen, of Larsen Implements transacted business in and around Mossleigh Tues

Mr. and Mrs. Wm. Beem accompanied by Mrs. Jane Beagle and Melvin Bowman left for Irricana Monday.

Mr. D. J. Beagle

Mr. and Mrs. Gaylen Jones ere Calgary visitors on Tues-

Mr. J. C. MacLeod was a Cal-gary visitor Monday and Tues-day of last week.

The Misses Addie and Iva Larsen and Walter Larsen ar-rived Tuesday evening from Fargo, N. D. by car to spend their vacation, visiting their parents here in Arrowwood

were Brant visitors last Sunday.

Mr. and Mrs. S. M. Burger accompanied by Mrs. A. J. Rauffman are spending the week at the District conference.

day at Armada, visiting with Mr. Beagle's brother.

Mr. and Mrs. J. A Mason and Mr. and Mrs. J. A Mason and daughter made up a party attending the district meeting at Irricana.

Mr. and Mrs. J. T. Mason and Mr. and Mrs. J. T. Mason and Mr. and Mrs. J. T. Mason and J. Mr. and Mrs. J. Mason and J. Mrs. J. Mrs. and Mrs. J. Mason and J. Mrs. J. Mrs. and Mrs. J. Mrs. and Mrs. A Mason and J. Mrs. and Mrs. A Mrs. J. Mrs. and Mrs. A Mason and J. Mrs. and Mrs. A Mrs. J. Mrs. and Mrs. A Mason and J. Mrs. and Mrs. A Mason and J. Mrs. and Mrs. J. Mrs. and Mrs. A Mason and J. Mrs. and Mrs. J. Mrs. and Mrs. A Mason and J. Mrs. and Mrs. A Mrs. and Mrs. A Mason and J. Mrs. and Mrs. A Mrs. and Mrs. A Mrs. and Mrs. A Mason and J. Mrs. and Mrs. A Mrs. and M

Norman Earl

Wins Scholarship At Olds S. of A.

day of last week.

Rev. J. H. Brubaker will preach in the United Church next Sunday morning.

Miss V. Earl, of Buffalo Hill is visiting at the home of day many the straint of the straint with the straint of the straint with with the straint with with the straint with the straint with the straint with the strain

The Resource joins with Norman's many friends in Ar rowwood and district in extend-ing him congratulations.

Fine Musical Talent Offered Tuesday, July 26

Ar. and Mrs. E. Hodge of the Canada Land and Irrigation Co. at Medicine Hat were week-ned visitors at the home of Mr. and Mrs. T. T. Robinson.

The Misses Hildred Vancill and Irrigation and Irrigation

Wheat								
1 Northern								
2 Northern 31								
3 Northern 28½								
Oats								
2 C.W								
3 C.W								
2 C.W								
3 C.W								
Flax								
1 N. W								
Butter and Eggs								
Butter, per lb 9								
Eggs, per dozen11								
Calgary Quotations on								
Calgary Quotations on Livestock								
Steers-								
Good and choice \$4.00 \$4.25								
Medium 3.50 - 3.75 Common 2.50 - 3.25								
Common 2.50 - 3,25								
Heifers-								
Good and choice 3.50 - 4.00								
Common 2,50 - 3.90								
Cows-								
Good 2.00 - 2.25								
Common 1.25 - 1.50								
Lambs/								
Good handy wgt 4.50								
Sheep-								
Good handy wgt. 2.00 - 3.00								
Hogs-								
Select bacon 4.66								
Bacon 4 15								

Resigns Presidency of National Railway



bear cubs seen above were born on the We They arrived in Montreal accompanied by dichael and Mary. As shown by the photogra-

Summer

Complaint

BABY'S OWN TABLETS

The 40th Anniversary

"SALADA"

For 40 years SALADA has given the finest quality in tea. Present prices are the

For 40 years SALADA has given the finest quality in tea. Present prices are the lowest in 15 years.

Restoring World Confidence.

The signing of the Lausane treaty on July 9 by all the great European powers, whereby all the German was reparations were wiped out, and providing instead that Germany shall pay in one unup sum an amount which represents one ent for every doilar demanded by the Allies after the close of the lausance of the world and in eventuring the economic behalf of anticons.

Apart allogether from the specific agreements are torth in this laborical document, and the gainst thereby conferred upon a bog suffering world, the other, in one of the most hoped courseness for many years.

Apart allogether from the specific agreements are torth in this laborical document, and the gainst thereby conferred upon a bog suffering world, the other, in one of the most hoped courseness for many years.

Apart allogether from the specific agreements are storth in this laborical document, and the gainst thereby conferred upon a bog suffering world, the other, in one of the most hoped courseness for many years.

Apart allogether from the specific agreements are storth in this laborical document, and the gainst thereby conferred upon a bog suffering world, the other, the other of the other o

Further Reduction Of

Taxi owners in Hainan, China, must pay a tax of \$15 a month per car plus half of the gross receipts.



To Build New Bridge Sea Forces Proposed Preliminary Work On Bridge South Saskatchewan River

Great Britain Launches Move At Geneva For Conference Great Britain has launched a move for another flow-power naval conference aimed at further reduction of approaches to a new bridge over the South Saskatchewan River Progress is being made on the construction of approaches to a new bridge over the South Saskatchewan Forest forces.

The proposal for a five-power naval many proposal for a five-power naval many proposal for a five-power naval and the strength of the strength

Your Asthma, Too. The efficacy of Dr. J. D. Kellogg's Asthma Remedy is not something that is merely to be hoped for; it is to be expected. It sel-hoped for; it is to be expected. It sel-work individual case it will do the same. So universal has been the suc-cess of this far-famed remedy that every one afficied with this disease owes it to binneff to try It.

The upland plover stretches its

London's recent dog show had 3, 526 entries.

Canton, China, has just completed its new water system.

Lipsticks are being sold in barbe

Dangers Of the Submarine

Long List Of Disasters Show Many Lives Lost Submarine disasters in the past ten years or so have claimed a large toil of lives. In connection with the sini-ing of the French underwater ship, with 66 men aboard, the following list

navor in the closed casecrole.
You buy Canapar in a large envelope of handy-aire sheets which may be rinsed out won't absorb odors. When boiling vegatibles you simply wet the Canapar and make a bug similar to a pudding bag. If you steam them, you line the steamer with Canapar, arrange food and seasoning, and fold back corners of the Canapar to prevent seems. The through the conceil in the same auscenon, this was

Many women use Canapar for a dish cloth it is so silky and satisfactory, and doesn't spread lint.

Appleford Paper Products, Ltd., Hamilton, Ontario.

Enclosed find 25c for which please send me one full-size package of Canapar Cookery Parchment and your 100 recipes for "Left-overs."

Special Offer

Address

Miller's Worm Powders seldom fall. They immediately attack the worms and expel of many and expel of the property of the proper

Too Many Physicians

Economic Conditions Of Profession
ing Lewered, It is Stated
Too many physicians are being
turned out in Canada with the result
to consult of the medical
profession is being lowered, declared
control, is addressing the Ontario
College of Physicians and Surgeons
Council at Torosto.
Dr. W. Psankle, Wolfe Island, had
pointed out 323 students went up
for the Dominion council examination
and only five were "Juckede" and 42
and only five were "Pulcede" and 42
and only five were "Pulcede" and 42
in one or two subjects.

Persian Balon is inevitably chosen by discerning women. Delightful to use. Subtly fragrant. Cooling and rereshing. Jusparts a rare youther for sortening and making hands the sidn. Useful for the family also chosen by which force and time the sidn. Useful for the family also determined the sidn. The full for the father as has fractive and cooling shaving lotton.

Many homes are being built in razil.

Noted Inventor Passes

Noted Inventor Passes
Death Of Mr. Gunjetes, Of Safety
Basior Passes, At Los Angeles
Bissor Passes, At Los Angeles
Grand Gunjetes, Of Safety
Bissor Passes, At Los Angeles
At Los Angeles, at the
Asse of T.
The Inventor and manufacturer
succumbed after undergoing several
operations during two years for an intentinal malady.
He went to California nearly 20
years ago, from Boston, where he
organized the Guillette Safety Rasor
Company in 1602.
Company in 1602.
Company in 1602.
Company in 1602.
Experimental Company in 1603.
Experimental Company in 1604.
Experimental Company

BABY'S OWN TABLETS

Power Of Advertising
One of the Indispensable Tools To
the World In Reconstruction
Industry
Advertising is one of the indispensable tools to be used in the reconstruction of North American industry
Advertising is one of the indispensable tools to be used in the reconstruction of North American industry

Cimba American, at Vancouver, and the properties of the State of the Control
One Of the Indispensable Tools To
Value of North American industry

September of the State of State o

Saskatchewan Land Settlement

Saskatchewan Land Settlement Five Innered and Nasetere Families The Advantad Conversage of the Saskatchewan Log Oversage Settlement Settlement Of the Saskatchewan Covernment of the Manda explications to take advantage of the Saskatchewan Covernment Land settlement echeme, 377 had been accepted, and 212 had been located according to figures issued by Hon. Howard McConnell, insinter or mustless affairs. Howard McConnell, insinter or mustless affairs of the Lands and CPR. In the Control Review of the Covernment of the Covernment of the Red Phesant area, and on C.P.R. lands in the Moose Mountain reserve.





From Grower Direct To Consumer, Save
RASPHERITES PER CRATE \$2.76
RESH TEXPORT RHUGARS
FO.B. Shipping Point, 700. Extra Consumer \$2.76
RASEMULTANA PAREMULTANA PAREMULTANA

PERSONAL

Avistors usually steer clear of the Harr Mountain near Hisenburg of Germany, because the "Hisestella," a grantic cliff some 20 feet high, possess magnetic qualities. It deflects the compass ainset 180 degrees at tax deflects the compass ainset 180 degrees at tax deflects the compass ainset 180 degrees at tax dependence in travel abroad, and with summit. The "miles" a coin in use during Biblical days, was worth about one quarter cent.

Cocains is obtained from the leaves of the cocoa plant,

A New Discovery in Feminine Hygiene

H. G. Tablets contain no poison, cre-asol or bichloride, yet destroy objec-tionable germs in a few seconds. H. G. Taskies opnosin, no polem, cretionals, germa in a few seconds.

H. G. Taskies are not caused and will

D. G. Taskies are not caused and caused and

proportion to the proposition of the caused and

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remicidal properties.

If for any reason doubt exists regarding the safety of the use of these Tables, we recommend that you take ackage to your family physician anonault him regarding their harmiess nees and efficiency.



Another Naval

Another Naval
Conference
Proposal Maho 7s. Discuss Pretter
Rochester Of Rea Porces
Great Britain has launched a more
for another two-power award conference
between Britain, the United States, Japan
Prames and Elay was advanced by a
Reproposed that it be held in a great
the little in the fall.
The proposal came at the same
time and political or the decision of the surface
time as publication or the decision
that However plan for a one-third roduct
and a formation of the course of a statement by States plandaria, welcome
that the proposal came at the same
than a conference between the series
and the state of the state of

Danes May Become Britons

Salt placed in the water will pre-serve the freshness of flowers. Sound travels through hot summer air at 1,266 feet per second.

Pains In Stomach and Bowels So Bad Would Have To Sit Down



Lifting the War Debt

Litting the War Debt

Laussilme Conference Result Has Optimite Effect

The success of the Laussame Conference is more convincingly attested
by the optimistic effect on international stock and commodity margies
than by political speeches. The effect
than by political speeches. The effect
than by political speeches. The effect
than cleswhere. The fact is that the
statemen at Laussame reached a spegree of accord thought to be imposible a few days ago.

One-half of the war-debt problem
has been solved. Such is the net effect
has dermany it to make a final payment of about \$750,000,000 at some
turns unstiputed date. But the
money it to be referred over a
period of many years. For all practical purposes repeatedons have come
intuition of the United States, The
European settlement would have been
stitude of the United States, The
European settlement would have been
directious, of course, unless there had
would wipe the war-debt sists clean
unmediately after the presidential
election.

There is the remocle possibility that



Measure Of Defense

THE RHYMING OPTIMIST

The beggar cried: "A crumb, a c By weakness I am curst; My pride is humbled in the dust, I hunger and I thirst!"

Then eager hands and gentle ha Reached forth to give him aid, This weary wretch from foreign is By life's strange turns betraye

A stranger's mournful tale w
Us till the quick tear starts
But. ah! the scanty dole of lo
We give to hungry hearts!

Much Cheaper Too

Once a woman looked back and urned into a pillar of salt; now she



Raising the average child in the average family until it is 18 costs its parents about \$7,200.

Real jewels again are vogue in Lon-

Whose aim it is, in all his words and ways,
To set forth daily his Creator's praise,
And new in heart, in life be also new. eart, in life be also

—Lyra Domestica,

—Lyra Domestica,

Egyptian Liniment, a wonderful remedy.

DOOR ON

Market For Honey Could Be Extended

Could Be Extended
If People Used II For Other Meals
Than Breakfast
If you want to know what the pubtic think of honey, put it on the table
before a group of representative peohoney is likely to be a popular dishit any other meal, it will probably be
ignored. Recently a group of a dozen
young ladles were observed at the
table, but not one of them touched it.
The following morning, when a group
of these same gifts sat down to
honey. The public-regards honey as a
spread for caken or bread for breakfast
to find the proper place in the
world? market, we must find ways to
stend it is despited to the
catend it to despited to the
reakfast cakes.

BIRTHDAYS!"

SAYS HUGH TREVOR Famous Screen Star



The NEW 1932

FIRESTONE



Firestone now offers you a tire with two extra plies under the tread at no extra cost. Think of it—adited strength, safety and mileage at the same cost as ordinary tires. No other tire can offer you this feature which gives 25% extra protection against punctures and blowouts, and assures safety at any speed. In addition, only Firestones Tress are Gum-Dipped to give 55% more flexing life to cords and makes the tire body tougher and stronger. Only Firestone tires have the Scientifically Designed, quiet running non-skid tread which gives 25% more wear with added traction and safely.

Call in and See These Tires

Larsen Implements

Arrowwood United Church

V. M. Gilbert, Min Sunday July 24 11.00 a.m. Church School.

11.45 a.m., Morning Worsh Rev. J. H. Brubaker will

speak We invite you to worship with us

Sunday at the Church of the Brethren

Rev. Homer Caskey, Pastor Sunday, July 24.

10.30 a.m. — Sunday School. 11.30 a.m. — Morning 8,00 p.m.—Evening Worship Everybody Welcome

E. D. ARCHAMBAULT Barber - Arrowwood

Patronize Home Industry and Keep the Money in Our Own Town Arrowwood Barber Shop

y..... Harvest Supplies

See Us For Your Wants

We still have a few gallons of paint at \$2.07 gal. Don't put Off Buying this Special Get Yours Today

L. H. Phillips

HARDWARE Arrowwood - Alb

Bow Valley Resource

All advertising and changes of copy must be in our hands by Wednesday poor day noon,

account noon.

Correspondence for publication must bear the writer's signature, not necessarily for publication. We do not necessarily endorse the opinions of our correspondents.

Another Victory

cations and there is a justice other than the defeated paying war debts.

Just how far war debts cancellation will be accomplished only the future can tell. So far it has resulted in the gold being poured into the treasuries of France and the United States to the advantage of neither of them and the complete confusion of the money market. And after making Germany a victim first of disarrament and later of an unbearable burden of debt, now it is discovered that she and Admission: Concert 50c; Dance 50c p

Published every Thursday morn-ing at Arrowwood, Alberta. Supscription—\$2.00 a year in Can-ada, \$2.50 in the United States Advertising rates furnished or

NORMAN G. CARY.

In spite of some unfavorable comments on Rainsay MacDonald's success at Lausanne there is every reason to believe that something very definite has been accomplished. 'Cartoonists may ridicule and humorists lampon but the fact of the matter is that this is a wariele world and largers are displayed to the state of the matter is that this is a wariele world and largers are like world and largers. Ottawa. No matter how cheap an ar-ticle is it is not a bargain unless you have a use for it. the matter is that this is a war-sick world and leaders are dis-covering that battlefields are indecisive. There is a right other than the "largest bat-talions" and there is a justice other than the defeated paying war debts. **Grand Concert and**

simplex Rings Stop Oil Pumping. Piston Slap. Compression loss Without Honing Reboring or New

Cala Dance

Calgary Concert Orchestra In Community Hall, at

Gleichen

Tues., July 26th

Under Auspices Bd. of Trade An Enjoyable and Educational Entertai ment for Young and Old

The concert at 8.15 p.m, prompt Dance at 10 p.m.

Sales and Service, H. Anderson, Arrowwood

others will probably never be able to meet those dates. In the meantime, they are only disturbing factors, And if the world war meant anything tensors, that we never matter, whether or not abe had man the schell, was involved and the nation which could pay it to gold instead of human blood was most fortunate. And there was no need for And there was no need for the schell was not a fortunate.

The family diet should include milk and milk products such as butter and cheese; fresh green vegetables and tomatoes, either raw or tinned; fresh fruits; eggs and liver. These are the foods which provide vitamins and Pervious the majority of regi-stered letters required ten-ents for registration and three for postage, so that, as one of-ficial put it, the public gets only one lick for their money, in-stead of two. Hitherto stamps have been in denominations of one, two, three, five, ten, twonty and fitty cents and \$1.00 The 13-cent stamp will com-memorate the coming Imperial Economic Conference at Ottawa.

Fike's Dairy

Fresh Cream and Milk Delivered at Your Door Daily

P. L. FIKE

Clocks, Watches, Spectacles Sewing Machines Typewriters and Gramophone

eaned and Repaired by Expert workman with years' experience in Factories, Etc.

A. ANDERSON

Let Us Order Your - O-K -

RUBBER STAMPS

PROMPT SERVICE Natorial and Corporate Seals Daters, Numberers, Pads, Etc.

Bow Valley Resource

L. F. Chrestenson & Co. Ltd.



Specials, Saturday & Monday, July 23-25 Grecery Values that are on a par

ш	whether or not she had men in whithe field, was involved and	on Misses Addie Iva and Arla	TASOUTH TED	EROCERSID :
ш	morally must share the burden! I	oun Larson left Wodnosday	SERVICE 4	QUALITY
H	and the nation which could pay it in gold instead of human	or Irrigana.		
H	blood was most fortunate.	STOP! Now is the time to	Phone 29,	Arrowwood
ш		ook over your binder and com-	Contract of the Contract of th	
ш	surprise 'that the "war-guilt"	oine canvas. Bring them in	Specials, Saturday &	Manday July 02 05
811	clause should have been struck	early and avoid the rush. C. L.		
W	from the Versailles Treaty. In an hour of victory, and with	Archambault.	Grocery Values t	
ш	a millenia of tradition that the		With Whe	at Prices
п	vanished have all hurdons non	Rev. J. S. Culp, Mrs. R. Culp,	Bulk Cocoa, per lb.	
H	naps it was not to be expected	Mrs. W. M. Burriss, Russel Burriss and Miss Pearl Army	Lifebouy Soap, 3 bars for	
- 11	that it be otherwise. But if	left Tuesday morning for the	Perfect Seal and Gem Rubber Wide Mouth Kerr Lids, per do	
A		Irricana conference.	Ready Cut Macaroni, 5 pound	
	without sin, let him cast the	Feeding the Family	Economy Coffee, fresh roast	ed and ground, per lb. 28c
3	first stone" surely it was at the	gowing the running	Corn Flakes, any brand, 3 pag	250 Ekages
3	decision of the guilt for causing	It is not an easy matter to	Fly Tox, 16.	
- 1	the great war, And here too,	feed a family properly and eco-	Fly Tox, 32 Oz Rice Krispies, 3 packages	1.13
		nomically. This responsibility	Associated Grocers' Floor Wa	x. 1 lb. tin 43e
-11		rests upon the mother. In the	I Icing Sugar, 3 lbs.	
		selection of foods she should follow certain principles, and if	Royal City-Mixed Jam, 4 lb. t	
9		she does the result will be bal-	Swansdown Cake Flour, pack	
3	Allies that whoever "won the	anced meals for the family at	Aylmer Catsup, 12 oz. bottles Libby's Pork and Beans, 3 tir	
	war' it was not them. Great	minimum expense.	Fels Naptha Soap, 10 bars to	
	Britain, France, Italy, United States neither collectively nor	A balanced diet is one which	Paris Green, 1 lb. carton	
8	individually. For those hold-	contains a sufficiency of all the various substances which re-		
3		quires from foods, A balanced		
	the only defeated nations.	diet provides the materials need	minerals which are so much	200000000000000000000000000000000000000
		ed for the proper growth and	often lacking in the family diet.	
8	Empire, her leaders have long	functioning of the body; in	In working out a minimum	8
- 1	since seen that it was not her victory. Aud now her enemies	other words, for healthy dev- elopment and healthy living.	food budget to maintain health	Advertisements under this heading are charged for at
	has succeeded in erasing the	Each member of the family	it is estimated that for a family of five, 13 quarts of milk a	the rate of 50c for 25 words
	clause which lald the blame for	requires the right amounts of	week are required, which means	or less per week with 10c for each additional 5 words.
	the conflict at Germany's door.	protein, fat, starch or sugar,	that over one quarter of the	Three weeks for the price of
- 1	It is asking too much at this	vitamins and mineral salts.	money spent on food goes for	two.
	stage that Gt. Britain, to say nothing of the others, should	Milk is the one food which comes	milk. One fifth of the money	*******************
8	acknowledge her share. But	nearest to supplying all these requirements in the proper	should be used to buy vegeta-	
	tacitly she has done so and	amounts. However, milk alone	The general tendency is to	WANTED-News from each point in the district-community, church of
2	again proven herself the leader	is not a suitable diet after the	spend too large a percentage	school.
-	of the nations. More and more	first few months of life, and so	of the money available on	
	men are beginning to see that battlefields mean only defeat	we must look to other foods to	meat and sweets. This is not	Hail! A few dollar invested now
	for both sides and guilt is at-	supply the food requirements of the family.	a criticism of meats and sweets	in protection
	tached to any nation that puts	The commonset fault in the	but merely a statement that when there is a limited amount	against a hail storm may mea
om	fighting men in the field.	family diet is that it does not	of money available it is neccess-	a great deal to you. Think i
	Unus Solus	contain a sufficient amount of	ary to get the most out of	over and see me before it is to
Can tes	13-cent Stamp 18	those foods which are compara-	every cent and at the same	late. Omer Larsen, Agent.
1 0	Issued for Use On	tively rich in vitamins and min- erals. Meat, white bread and	The second second	
	Registered Letters	potatoes are good foods and	TH OTHER TO NO CHIE IC IS HECESS	TRAIN SCHEDULE AT
5 0		should be included in the diet.		-
Wed	the Canadian postal depart-	Nevertheless when they make	will arrange the moole _Health	No. 1 Westbound
tion		up practically the whole diet	Service of the Canadian Medical	No. 2 Eastbound
ture	Superstition" and issued a 13	then the diet is unbalanced and	association.	No. 4 Eastbound 6.35 p.r
W		is not satisfactory. The family diet should include		
th		milk and milk products such as		SISTERIOR DE LA COMPANSION DE LA COMPANS
	Previous the majority of reg- stered letters required ten-	butter and cheese; fresh green		NI TING
she	cents for registration and three	vegetables and tomatoes, either	WAGI	n' Tung
	for postage, so that, as one of-	raw or tinned; fresh fruits; eggs	11-14 WO 40	The state of the s

Want Adv'ts

late. Omer Larsen, Agent. TRAIN SCHEDULE AT

No.	1	Westbound		4.20	p.m.				
No.	3	Westbound		5.54	a.m.				
No.	2	Eastbound		3.45	a.m.				
No.	4	Eastbound		6.35	p.m.				

WAGIN' TUNG

Vol. 1, NO. 49 Arrowwood, July 21, 1932 Items for Thot

We have elucidated several times on the fact that when we decided to cast our lot in Arrowwood we thought we picked a spot that was second to none in Jur travels and the longer we are here the more con-vinced we become of this fact. Our daughters and son, after a 1,500-mile trip, saw nothing that looks more promising that the famous Arrowwood wheat lands.

There is no better time There is no better time than the, present to buy what new machinery you will need. The 77c wheat plan means better than a 16 per cent reduction in price-of farm equipment. Come in and let's talk it over. We are anxious to explain this plan to you.

Now is the time to be going over your thresher belts and bring to us any that may need liacing and let us steel steel slace them with "Clippes Steel Lace"—not Aligator. This lace is better by far than any other lace you can put in your belts.

The beavy growth of

crops is going to require a considerable amount of twine. Be assured of an ample supply by letting us know your require-ments. We are handling that famous brand of Holland Twine.

"I don't mind washing "I don't mind washing the dishes for you," wailed the henpecked husband, "I don't object to sweeping the floors, but I am not going to run ribbons though my night gown just to fool the baby."

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